



VOLUNTEERS NEEDED IN BEDMINSTER

Girls in Gear is looking for enthusiastic volunteers of all biking abilities and gender identities to lead our easy-to-follow curriculum for riders of all ages this fall. Groups meet for 75 minutes once a week for eight weekends on Saturdays, starting September 24.

Bedminster Hike and Bikeway, 44 Birchwood Road
ages 8-10 from 9-10:15am
ages 11-13 from 10:30-11:45am

Neither coaching nor biking experience is required. All you need to bring is your most joyful and dynamic self - we'll provide the rest. All coaches receive training and are supported throughout their volunteer experience. We supply all lesson plans and coaching materials. We can also give you a bike and helmet to use if needed! High school students are especially encouraged to sign up.

Email info@girlsingear.org to get started.

Girls in Gear is an eight-week program for riders ages 5+ who want to build confidence on and off their bikes. Weekly meetings focus on a mix of emotional development, safety, bike maintenance, and riding skills. The goal of the program is to introduce the joy of safe cycling to young riders while creating a supportive environment fostering personal growth. We host unique programs for riders ages 5-7, 8-10, 11-13, and 14+.

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